



HOW TO REFER A PATIENT

FOUR WAYS TO REFER

Phone, fax, email, or send the patient to book directly. No authorization required. No callbacks. Whichever is easiest for your office.

PHONE

(425) 758-4619

FAX

(425) 758-4619

EMAIL

referrals@fixbackneckpain.com

PATIENT BOOKS DIRECTLY

(425) 758-4619

WHAT TO SEND WITH THE REFERRAL

- Patients name and contact
- Brief diagnosis or working impression
- Relevant imaging - or note where it's available
- What's been tried (PT, injections, surgery)
- What you're hoping I'll address

Chart notes and imaging are welcome but not required to refer.

THE REFERRAL PROCESS

1. **You refer:** Phone, fax, email, or direct booking. A brief note with diagnosis is all I need.
2. **I contact your patient within 1-2 business days:** My office handles scheduling, intake forms, and history collection. Your front desk is not involved after the referral.
3. **Initial assessment:** After 10-12 sessions, repeat testing measures objective progress.
4. **You receive my initial letter within 5 business days of the patient's first visit:** Assessment findings, the treatment plan, and any contraindications I've identified.
5. **Progress update at the clinical milestone:** Typically 4-6 weeks. Objective strength data, pain scores, and functional status.
6. **Discharge summary within 1 week of completing care:** Final outcomes relative to baseline, with maintenance recommendations if indicated.



LEARN MORE:
FixBackNeckPain.com
(425) 758-4619
2447 152nd Ave NE,
Redmond, WA 98052

INSURANCE & PAYMENT

My practice is cash-pay. I provide superbills for patients seeking out-of-network reimbursement from their insurance carrier.

This structure keeps the clinical focus on what works - not on what insurance reimburses. Patients who commit to the protocol typically complete care in 10 to 14 sessions. Your front desk does not need to verify benefits or obtain authorization before sending the referral.

WHAT YOU CAN EXPECT FROM ME

I write back. After every referral, you will hear from me at three points: an initial assessment letter, a progress update at the clinical milestone, and a discharge summary at the close of care. You will not have to chase me for updates.

If a patient is not a fit for my approach, I tell them - and I tell you - within the first few visits, so the patient can move on to the right next step without losing time.

WHO IS A GOOD FIT

- Patients who have plateaued in PT or chiropractic care
- Post-surgical patients still managing pain
- Chronic low back, cervical, and SI joint presentations
- Patients whose imaging doesn't match their symptoms
- Patients willing to participate in active loaded exercise — MedX requires participation, not passive treatment

ABOUT THE PRACTICE

Trent Shuford, LMP. Certified MedX Technician through the University of Florida. 35+ years of clinical experience in spinal rehabilitation, manual therapy, and somatic work.

My practice is built specifically for the complex, multi-system patient who hasn't responded to conventional care. I do not advertise to patients directly — almost all of my work comes through physician referral and word of mouth from patients I have helped.

LOCATION

2447 152nd Ave NE
Redmond, WA 98052

HOURS

By appointment, Monday through Friday.

ACCESS

Free on-site parking. Ground-floor, ADA accessible.

A NOTE TO REFERRING PROVIDERS

I built my practice around the patients who have not responded to conventional care. The patients who feel unheard. The patients whose pain has become a fixture in their lives.

When you send me a patient, I will treat them with the same thoroughness and care you would. If I can help, I will. If I cannot, I will tell you - quickly and directly - so the patient can move forward.

Thank you for trusting me with your patients.



Trent Shuford, LMP
Cert. MedX Tech., University of Florida